

The Homeless Period Swansea

Shopping List

Women's

- Pants and socks
- Sanitary pads
- Tampons
- Deoderant/spray
- Toothpaste
- Toothbrush
- Pack of tissues
- Pack of wet wipes
- Lip balm
- Mint/gum
- Any other bits

Men's

- Pants and socks
- Deoderant/spray
- Toothpaste
- Toothbrush
- Pack of tissues
- Pack of wet wipes
- Lip balm
- Mint/gum
- Any other bits



An expression of
Matthew's House

THE
HOMELESS
PERIOD
SWANSEA